

PROGRAMS OF SUPPORT

Sydenham Community Campus



ST JOHN OF GOD

Accord

Disability Services



Block 2, 2026

MONDAY

Name:



COMPUTER SKILLS

Learn to use computers, photography and other multimedia platforms for creative expression, and increase digital literacy.



LEARN TO DANCE

Take it in turns to coordinate dance routines, and pick a song of the week to dance to.



GARDEN ART

Enjoy a range of outdoor arts activities, Integrating nature and maintaining a garden with the arts.



PICK YOUR OWN RECIPE (BASIC)

Learn to make a recipe of your choice in the kitchen, from understanding ingredients, shopping, cooking and enjoying!



TEXTILES

Learn about all kinds of textile production, using sewing machines, equipment, tools and materials.



I DO NOT WISH TO ATTEND ON THIS DAY

- **Program availability is subject to capacity and capability.** If we don't receive this form back, we'll try to place you in programs based on past interest. Following this you'll receive a Program of Support Agreement.
- **Activity based transport** will be charged when a vehicle is utilised. The average travel to budget for is 50km per day. If you travel less, you'll be charged less - you will only be charged for your individual travel.

551 Melton Highway, Sydenham VIC 3037

03 8468 1150 or 1300 002 226 | www.accorddisability.org.au

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Block 2, 2026

TUESDAY

Name:



BALL SPORTS

Play a variety of team ball sports, to build confidence, exercise, practice teamwork and have fun!



COMPUTER SKILLS

Learn to use computers, photography and other multimedia platforms for creative expression, and increase digital literacy.



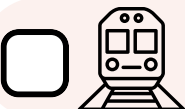
PERSONAL FITNESS

Get even stronger with a range of group exercises, including chair, equipment, community and outdoor exercise.



PICK YOUR OWN RECIPE (BASIC)

Learn to make a recipe of your choice in the kitchen, from understanding ingredients, shopping, cooking and enjoying!



EXPLORING MELBOURNE

Get out and about while learning to use a myki card for public transport, with a huge range of excursions!



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Block 2, 2026

WEDNESDAY

Name:



BOWLING & RECREATION

Visit the local bowling alley, and enjoy a range of recreational and sporting activities on campus.



BEGINNERS PHOTOGRAPHY

Learn to take clear photos of landscapes, objects and people. Enjoy excursions to galleries for inspiration!



LUNCH OUT

Explore different, affordable eating venues and restaurants, tasting different cuisines. *Please bring \$10 each week



BASKETBALL DRILLS & MATCH

Play basketball in a team, with learning drills and matches. This is great for confidence, turn taking and decisions.



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Block 2, 2026

THURSDAY

Name:



BBQ GRILL

Learn to prepare different kinds of meat and vegetables on the barbeque, from shopping to cooking to eating.



CULTURAL COOKING

Explore different countries and cultures and their cuisines. Learn to cook different countries' popular dishes.



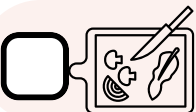
DRAMA FUN

Improve your drama skills and express yourself through storytelling, performing and acting.



BOWLING & RECREATION

Visit the local bowling alley, and enjoy a range of recreational and sporting activities on campus.



NON-BAKE FOOD PREPARATION

Learn all the skills you need to prepare food for cooking, using our five senses - smell, taste, touch, sound and sight!



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Block 2, 2026

FRIDAY

Name:

☐

BBQ GRILL

Learn to prepare different kinds of meat and vegetables on the barbeque, from shopping to cooking to eating.

☐

BIKE RIDING

Learn to ride your bike safely and independently, both off-road and on bike paths.

☐

SWIMMING & RECREATION

Learn basic drama skills with teamwork, games and performances, using imagination and gaining confidence!

☐

BOWLING & RECREATION

Visit the local bowling alley, and enjoy a range of recreational and sporting activities on campus.

☐

ABSTRACT ART

Use your creativity and imagination through sensory-friendly creative arts and craft projects!

☐

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